

# The Approach to Health and Well-Being in Selby District

One Year On  
Scrutiny Briefing November 2018



# One Year On



- Review the key influence of District Council's contribution to wider determinants of health
- Identify progress since the joint Policy Review Committee in February 2017
- Identify next steps for Selby District strategic partnership in supporting local delivery of the public health agenda
- Approach is recognised as good practice by Director of Public Health Sector Led Improvement, NYCC DPH Peer Review and submission to District Council Network

# Corporate Plan Refresh – how does it fit?



- Priority remains to make the District a great place to enjoy life.
- We will achieve this by ‘creating conditions for our residents to be healthier’
- 2 opportunities
  - 1 – Ensure our policies maximise health outcomes
  - 2 – Promote understanding of local health issues to create a wider district partnership offer

# The King's Fund and District Council Network



- Publication Jan 2016: 'The district council contribution to public health: a time of challenge and opportunity'
- Focus on the whole system approach to how district councils contribute to improving citizen's health
- District councils as a key partner in influencing public health policy

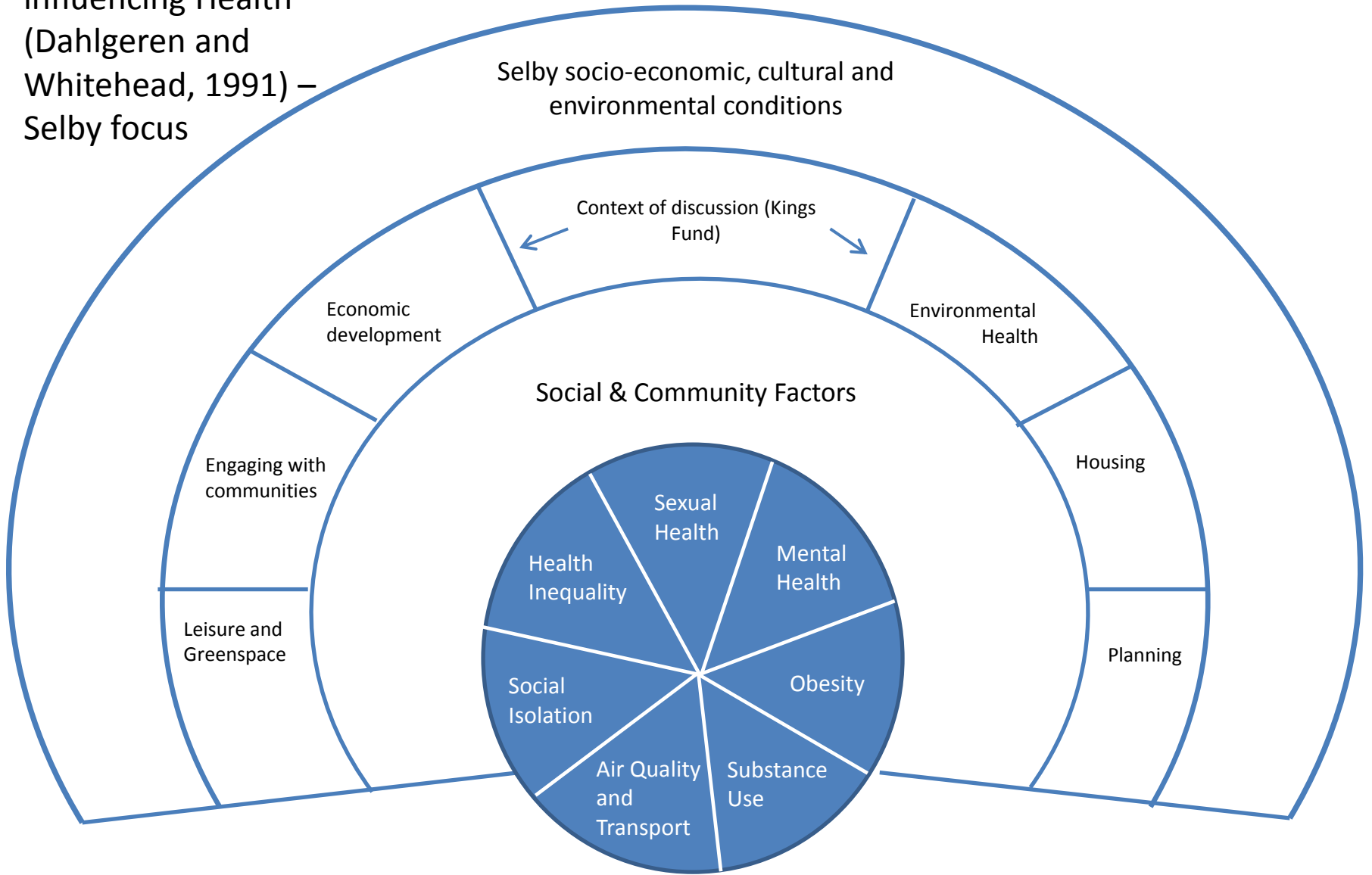
# The Response



- Established a local multi-agency partnership - 'Selby Health Matters'
- Local profile and needs assessment completed with partners to harness local ownership of health provision gaps and solutions
- A highly successful health conference in Oct 2017 to bring ideas together and create local leads
- Only district area at present getting a specific 'district focus' from NYCC Public Health team



Adapted from Factors influencing Health (Dahlgren and Whitehead, 1991) – Selby focus





# A great place to enjoy life!



- Selby has the lowest suicide rate in North Yorkshire.
- Life expectancy is similar to the England average.
- Overweight adults shows 5% population improvement.
- Alcohol-related hospital admission is better than England average.
- Although some hotspots, teenage pregnancy rates are lower than the national average, reduced by 64.7% since 1998.
- 87% of the working age population are in employment .
- Residents have a higher than average weekly income and level of disposable income compared to the English average.
- Education rates are good with residents qualified to national averages.



# Some of the challenges



- 10% (1,500) of children live in low income families.
- Life expectancy is 5.7yrs lower for men and women in the most deprived areas of Selby compared to the least deprived areas. Worsened for women.
- In Year 6, 16.5% (145) of children are classified as obese.
- 13.5% (9,297) people in Selby smoke.
- The rate of people killed and seriously injured on roads is worse than average.
- There are a number of hotspot wards where teenage pregnancies remain significantly higher than national average.
- Selby has one Air Quality Management Area.

# Quick wins so far!



- Closer relationship with NYCC Public Health partners
- Work with NHS England 'One You' Selby campaigns
- Local mental health forum established – sector led SDC/Selby Big Local
- Youth diversion activities – IHL/NYCC prevention
- CEF review underway - SDC/Stronger
- Sexual health delivery in GP clinics for schools – CCG/NYCCPH
- Third sector leaders network established - SDC/AVS/NYCCPH

# Next Steps



- 'Selby Health Matters' led by NYCC Public Health identifies new and current initiatives aligned with District influence
- 3 yr focus for the group identifying NYCC, SDC, third sector and joint delivery roles
- SDC/IHL initiatives as part of P4G Healthy Living Concept fund, review of community outreach elements of current partnership
- Consider key priorities for SDC as part of the Better Together agenda with NYCC Public Health

# Next Steps



- Integrated working between Adult's Social Care, Health and Housing through a multi-disciplinary engagement model.
- Active Travel – local cycling and walking infrastructure plan and behaviour change programme pilots in line with wider place and planning development.
- Developing best policy practice - health in planning.